

## Permanent Cosmetics Home Care Instructions

### EYELINER

- Do not wear contact lens during the procedure or for 24 hrs after.
- Bring sunglasses to wear home. Eyes may be light sensitive.
- Do not dye or perm lashes for 2 days prior.
- Do not use an eyelash curler the day prior to or of the procedure.

If you have had any type of eye surgery, consult with the physician about how long you should wait before having a permanent eyeliner procedure. Your eyes may feel like you have been crying for several hours. They will be sensitive. With a clean applicator, such as a Qtip (not your fingers) apply an astringent ointment (such as Aquafor) to the treatment area a few times a day.

Use a clean applicator for each eye to prevent cross contamination. You may also use eye rinse or drops the first day. Remember to avoid cross contamination by not touching any eye surface with the tip of the saline or eye drop bottle.

Sleep so as to keep your head elevated for the first two nights and keep the treated area moist with ointment at all times avoid crusting and drying of the pigmented area.

Do not get ointment in your eyes! Do not use anything but this aftercare. You may experience swelling for a few days after procedure. This is normal and may be treated with ice packs (very small bits of crushed ice in a small sandwich-type plastic baggie) or cotton rounds soaked in witch hazel that has been kept refrigerated. Keep the ice on for 10-20 minutes or witch hazel on the eyes for 5-10 min. It's OK to shower - water will not hurt your Permanent Cosmetics.

Reapply a moderately thin layer of the ointment after showering to keep the site moist.

Do not use mascara or any other eye makeup for 3 days! After 3 days, use a new tube of mascara to avoid secondary infection. Waterproof Mascara is not permanent cosmetic friendly! If you must use it, wait a month after your follow up visit. Use a gentle eye makeup remover.

As the eyes begin to heal, some flaking will occur. This flaking is normal and to be expected. Continue to keep this area moist until the flaking has stopped. Do not pick or try to peel this skin off. This will cause the pigment to lift out. When the flaking completes, you view the color from under the skin. Most clients will see about 30% less color after healing is completed. All the fine detail work and finishing touches are done in the second session. At that time you may wish to darken or thicken your eyeliner.

Although this is permanent the color will fade over time. Fading is dependent on your skin's age and its ability to retain color. Darker colors will last longer than lighter ones. Eyeliner touchups are free for six months after the initial application.

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### EYEBROWS

- Do not tweeze, wax, or dye brows for 2 days prior.
- Electrolysis should not be done for a week prior.

Your brow will feel tight and dry for up to a week after the procedure. With a clean applicator, such as a Qtip (not your fingers) apply an astringent ointment (such as Aquafor) to the treated brow area a few times a day. Use a clean applicator for each eye to prevent cross contamination. Do not touch the area with unwashed hands. Do not use any other aftercare as it may cause the color to lift. Scabs will occur only if it is allowed to dry out, so keep them moist. To avoid secondary infection, please use a clean, moist applicator such as a Qtip to apply the astringent ointment and not your fingers. Apply several times a day for a week to 10 days.

On or around day 7 you will notice some flaking and the color begins to soften and fade some. This is normal and expected. Many lose up to 30% of the initial implanted color. All detail work, final color modifications and finishing touches are done in the second/touch up session.

Taking a shower will not harm your work but please avoid swimming pools with chlorine during your healing time. Make sure to get the treated area completely clean and dry after leaving the water before reapplying the ointment. Trapped water can be a medium that allows bacteria to thrive and introduce infection. Do not touch the treated area with unwashed hands or fingers until it is completely healed and stopped flaking. Disregarding these instructions increase risk of infection.

Never use any products with Glycolic, Hydroxy, or Fruit Acid lotions or soaps on the treated area. These may fade your permanent makeup. When in the sun wear a powerful sunscreen, SPF30 or higher, on your Brows. Hair strokes will fade faster than a solid brow fill, as do lighter colors. Fading is also dependent on your skin's age and its ability to retain color. Although it is permanent, your color will fade over time. You must do your part to ensure long lasting results.

If this is your original, first permanent makeup procedure, a free touchup, up to six months after the first visit, is included in the price.